Index to Notes

- Adoration 87 Free hours spent in adoration. "more valuable to speak to God than to speak about him", 153 Daily adoration, often with tears.
- Aridity 157 Aridity as suffering and thus cause for joy, 165 Abandonment by God seen as Jesus sleeping in our soul, and we are not to wake him, 165 In times of aridity, trust not in one's fervor but in Jesus. He will put in mind what you are to do, 187 Absence of consolation valued, seen as Jesus teaching wordlessly, 211 Her dark night, 213 In her dark night, devoid of consolations, she makes acts of faith, 214 Joy in spite of joylessness, 243 In times of aridity, she recites a slow Our Father and Hail Mary.
- Art 64 Creating art for God, 98 Art leading to imaginative meditation, leading to resolutions, 175 Desire to paint fulfilled without vanity, as it was God's doing.
- Boldness 27 "I choose all!", 28 "A soul in the state of grace has nothing to fear from demons who are cowards.", 136 Speaking of Jesus tenderly and familiarly, 139 To be like a child is to be bold in relating to God, 255 Boldly applies Jesus' words to herself.
- Books 74 Meditation on spiritual writings, 102 Additional spiritual reading leading to increased fervour, 179 Jesus guides one without books or teachers, in the midst of daily activity, 179 Most nourishing reading in Imitation and Scripture, 207 Writing as evangelization.
- Communications From Heaven 187 Consoling words from God received, 18 Miracles and angels acceptable as explanations, though disbelief expected, 98 Jesus acting through the words of others, 123 Consoling feelings seen as communications from heaven, 192 Saints visit in dreams, 213 Her faith in heaven not taught but felt since childhood.
- Communion 57 "I felt inundated with joy. 'It's today! The great day has arrived.'", 77 First communion: "that first kiss of Jesus". Longing for heaven intensified by the sacrament, 78 Heaven as an endless day of communion, 79 Communion: "It is no longer I that live, it is Jesus who lives in me", 104 One's soul as a heaven for Jesus received through Communion, 129 Joy in receiving communion, 147 Description of Communion, 172 Holy Communion highly prized, 172 Soul visualized as a piece of land, during preparation for communion, 173 Poor thanksgiving after communion countered by resolution to be thankful for the remainder of the day.
- Confession 19 Early disposition for confession, 174 Ability of confessor to read a soul, 174 Our faults cannot cause God pain.
- Death 73 Profit of considering death, 192 Longs for death to unite her to God, 210 Prospect of death relished.
- Direction 150 Ideal director possessing knowledge and virtue. Harsh behavior seen as a blessing, preventing attachment, 238 The director must set aside personal views, 239 The director must hide her affection, 239 The director must rebuke imperfections, 240 Prayer is the key to directing souls, 240 Some souls need sweetness; other souls need force.
- Family 43 Moving description of evening routine with Papa, 135 Confidence that saintly parents will go the heaven, 168 Learning spiritual things from the married state.
- Fervour 99 Fervour as gift from Jesus, 112 Fervent intentions prized, 191 Believed with conviction in heaven, whose people love her as their child.
- Finitude 37 Imperfection as reminder of finitude, 87 "Life is your barque not your home". "Life is like a ship that plows the restless waves and leaves after it no trace of its rapid passage", 137 Meditates on finitude.

Friendship 74 Spiritual letters and conferences, 83 Friendship with God preferable to friendship with man, 197 Jesus as her only friend, Conversations spiritual.

Gender 140 Women love God more than men, and are oft misunderstood as was Christ.

- Gifts 15 Good things in life seen as gifts, 23 Good intelligence and memory, 30 Habit of not complaining, 71 Signs of divine favour, 91 "God has given me the grace not to be downcast at any passing thing".
- Growth 14 Inequal distribution of graces (1) for variety for God's pleasure (2) for God to show mercy, 15 "everything works out for the good of each soul.", 23 Tantrums, 34 After Mama's death, "I, once so full of life, became timid and retiring", 55 "Celine had become a naughty little rascal and Therese was no longer anything but a sweet little girl, much given to crying.", 89 Resolution never to imitate others, 98 An epiphany, 98 Conversion as ongoing perfection, 153 Gentleness conquering impetuosity as sign of growth in perfection, 158 God teaching the soul gradually, 158 Knowledge of one's imperfection increases with maturity, 221 Fault turned into virtue through intention. Imperfections can be mistaken for virtues, and vice versa, 236 For some souls, God advances them slowly.
- Heaven 64 Blessing from heaven, 209 Planning to do good from heaven.
- Holiness 169 The most holy life is the one through which Jesus speaks and acts.
- Humility 15 False humility avoided, 67 Errors seen as blessings. Self-loathing preferable to vanity, 105 "Poor in spirit" = lacking knowledge, learning, 170 Humble hope to avoid purgatory, 206 Humiliation strengthens. Humiliation as antidote to vanity, 244 Delight in being rebuked, 245 Humiliation strengthens.
- Humorous Incidents 60, 82, 135, 228, 249, 250
- Intercession 73 Asking deceased relatives for help and protection, 93 Intercession asked of dead family members, who respond by giving assurances of love to the soul. "I love to hold dialogues with them frequently", 107 "all day long begging the apostles to pray for me, to inspire me with the right words.", 124 Asking St. Joseph to watch over her, 131 Favorite saints as confidants, 132 Favourable circumstances effected by the saints, 137 Guardian angels, 167 Fervent prayers for souls in purgatory and for family, 177 Help received from heaven.
- Little Way 74 Fidelity in little things, 151 Increasing simplicity of soul as one approaches God, 159 Practice of little virtues, 193 Great desires despite powerlessness, 196 She cannot do great works as others can. So she will "strew flowers", that is, offer God her "little sacrifices", out of pure love, 197 Her "nothings" will please and charm Jesus and his Church, 197 Her little sacrifices are bitter and sweet, 198 Image of the weak little bird. It aspires to be like the eagles, but it cannot fly. Nevertheless, it does not despair, 207 A "little way" to holiness and heaven, 208 Jesus' arms as elevator, 208 Man's works not needed by God, 224 Glories "in my weakness", 250 "little things" = little mortifications
- Love for God 73 All is vanity but to love God alone, 112 Even in hell she would have heaven in God's love for her, 178 Suffering and death valued, but love for God valued more, 179 Love consumes even sin, 180 Jesus desires to be loved, 180 Love in God's justice: taking our weakness into account, 180 Loving God is preferable to fearing him, 180 Offering oneself to God as lover as opposed to victim, 181 The way of Love is thrilling, purifying, and fervent, 188 Jesus demands not great deeds but surrender and gratitude. Instead, most people give him ingratitude or indifference, 188 Singular focus on love of God, achieved through childlike trust, 194 Love seen as the key to her vocation and to all vocations, 195 She wishes to offer her life as a sacrifice for Jesus' love, 197 Pure love is her goal, 257 She

asks Jesus to "draw her", i.e, consume her, act in her, and make the fire of love burn in her heart.

Love for Neighbour 38 Almsgiving on the street., 220 Jesus' commandment: to love one's neighbour as Jesus has loved him. We can do this because Jesus loves through us, 220 Love: bearing with the faults of others; being edified by the smallest acts of virtue, 221 To increase love: search out the other's virtues and good intentions, 222 Praying for people who are disagreeable to us, 223 "It is better to leave each one in his own opinion than to enter into arguments.", 223 Flight as last resort, 224 "charity covers a multitude of sins", 225 "Give to EVERYONE who asks of you, and from HIM WHO TAKES AWAY your goods, ask no return." Even if "they don't use very delicate words.", 227 "And whoever forces you to go one mile, go two miles with him." "anticipate their desires, appear to be very much obliged and honored to render service.", 228 Refusing pleasantly because of one's duties, 246 Interpretation of the banquet for the poor: Giving a kind word or smile to disagreeable people, 247 "Whatever you do to the least of my brothers, you do to me.", 247 "the Lord loves a cheerful giver"

Mass 98 Offering spiritual sacrifices and a mass, 133 Description of the consecration. Mercy 83 Avoidance of evil attributed to God's mercy on the weak.

Nature 48 Response to the power of nature, 91 The "room I loved to stay alone for hours on end to study and meditate before the beautiful view", 103 Nature leading to thoughts of heaven, 125 The beauty of nature valued for raising the soul to heaven. Foretaste of heaven and a memory to be recalled in times of hardship, 137 Natural disasters evocative of God's power.

Obedience 218 Vow of Obedience liberates one from anxiety.

Peace 78 Interior tranquility in the midst of celebration, 118 Peace in the midst of dashed hopes, if we seek God's will, 132 Inner peace from closeness to God, 135 Peace in trying one's best, 136 Coexistence of peace and bitterness "at the bottom of the chalice.", 167 Peace at the bottom of the chalice.

Perfection 14 "Perfection consists in doing His will, in being what He wills us to be."

- Prayer 13 Prayer for protection, 37 Description of contemplation, 64 Repaying with prayers, 65
 Fervent prayer on knees for a suffering relative, 74 Daily acts and aspirations, 74 Mental prayer, 78 Fervent prayer, "as a child throwing itself into the arms of its mother, asking her to watch over her.", 82 Alert to answers to prayer, 83 Praying for those who do not like us, 103 Verbal aspirations, 109 Prayer for a miracle, 131 Acts of reverence, 241 Souls saved through prayer, 242 "For me, prayer is an aspiration of the heart, it is a simple glance directed to heaven", 242 Difficulty praying the rosary, 242 God answers the fervent prayer of his little children, 243 Mary invoked in times of disturbance or embarrassment, 254 Prayer for priests and for the Pope's intentions, 109 Prayer as response to hardship.
- Religious Life 61 "the day of their espousals ... must be without any clouds", 125 Religious life: "small sacrifices carried out in the shadows", 216 Challenge of religious life: forsaking human affections.
- Retreat 75 Retreat: "those few days spent in waiting for Jesus", 76 Difference between the retreatant and the religious.

Scripture 13 Random Bible verse, 193 Answers and insights sought in the Bible.

Secrecy 72 Deferred greatness from hiding great deeds, 129 Jesus' earthly home teaches us to love poverty and obscurity. His heavenly home will show him in his glory, 152 Like the

Face of Jesus, our lives find glory in being hidden, 169 Holiness through hidden, ordinary virtues, 207 On how some saints are well known and others little known.

- Self-Denial 73 Warning against a life of pleasure, 90 Resolution to "take no pleasure out of earth's attractions", 121 Fame, friendship, and wide acquaintance spurned. Enduring titles will be assigned in heaven, especially for those who seek poverty and obscurity as a sign of love for Jesus, 137 Trappings of luxury scorned; asceticism preferred, 141 Contemplation of spiritual things preferred to contemplation of earthly beauties, 143 Trial of waiting seen as for growth in detachment, 143 Trivial mortifications still valuable, 159 Accepting false accusations, 159 Mortification of body and will, 226 "Poor in spirit" = detached, 233 Detachment from the need for credit for ideas, 237 Self-denial for love of God helps one to love others, 252 Self-denial in avoiding the pleasure of letter writing.
- Self-Love 13 Proclaiming God's mercies trumps focusing overly on self, 24 Self-love, 158 Recognition of self-love in desire for advancement, 207 Whether or not she appears good is God's will—she does not concern herself about it.
- Signs 100 "I was absolutely confident in the mercy of Jesus. But I was begging Him for a 'sign'...", 100 Spiritual significance of events, 108 Symbolism seen in everyday events, 155 Weather signs from God.

Sin 123 Evil is in the heart of the beholder, 166 Absurdity as characteristic of temptations.

- Suffering 47 "How he parcels out trials only according to the strength He gives us.", 58 "I saw [life] was nothing but a continual suffering and separation.", 61 "This sickness ... was to give glory to God.", 72 Suffering a prerequisite for sanctity, 74 Crosses and pearls, 79 Desire to suffer, 114 Fortitude rooted in love of Jesus, 133 Trials make one worthy of glory, 134 Problems seen as crosses given by God, 136 Seeing oneself as a toy for Jesus to amuse himself with, scorn, or ignore, 142 For Jesus' closest friends, he gives trials before miracles, 149 Suffering embraced, 153 Joy found in adversity, 159 Hardship seen as opportunity to practice poverty, 174 Suffering as birthing souls, 193 Desire for a brutal martyrdom. "I need all.", 210 Joy and peace in suffering, 214 Her earthly suffering can somehow help unbelievers to enter heaven, 214 Trials sent to those able to bear them, 216 Separations accepted as an earthly trial, 218 Suffering: "the most precious of treasures", 226 Dealing with inconveniences without bitterness, 238 Difficult tasks faced by relying on God's help, 249 "I tried to love the little noise which was so displeasing.", 249 Suffering seen as combat, 250 Difficulties seen as testing from God.
- Trust 72 Hopes for sainthood founded on confidence in God rather than self, 98 Mercy on bad men, 131 Absolute trust, 136 God's will is ultimately accomplished, 139 All hope placed on God rather than his saints, 165 For her lack of fervor or attentiveness, she does not despair but trusts in God's love.
- Vocation 122 Carmelite vocation of praying for priests, 149 Mission: to suffer to save souls, and to pray for priests, 192 Dignity of the priest, 192 Her vocations: Carmelite, Spouse, Mother, Warrior, Priest, Apostle, Doctor, Martyr, 217 Vocation to a foreign Carmel.
- Works 234 Beautiful thoughts inferior to good works, 256 God loves her without merit on her part, 258 Martha's fault was her restlessness in place of prayer.